

NCC is staffed by a team of Psychotherapists and Psychiatrists committed to our purpose, who have demonstrated professional competence and unrivaled ability in the field of mental healthcare.

**LICENSED BY THE STATE OF NEW YORK
OFFICE OF MENTAL HEALTH.**



Insurance and fees

Most **NCC** services are covered by insurance programs, as well as by Medicare and Medicaid.

Call us for information on specific coverage.

Self-pay fees are available.

Appointments

Day and evening appointments are available.

Call us for more information

718 232 1351

AFFILIATES:

Brooklyn Counseling Services:

Bay Ridge
Brooklyn Heights
Staten Island
Online Counseling

718 232 8600

appointments@bcsgnygroup.com

www.bcsgnygroup.com



Neighborhood Counseling Center

Support for Individuals, couples & families

ncc contact details

Office Hours: *by appointment only*

Monday - Friday: 9am - 9pm

Saturday: 9am - 5pm

7701 13th Avenue, Brooklyn, NY 11228

T: 718 232 1351

F: 718 837 5676

E: appointments@bcsgnygroup.com

7706 13th Avenue, Brooklyn, NY 11228

T: (718) 745 1707

F: (718) 748 0592

E: appointments@bcsgnygroup.com

www.bcsgnygroup.com/locations/dyker-heights

718 232 1351



Providing high quality, culturally-sensitive mental health care to all age groups and responding to the mental health needs and concerns of Brooklyn and the surrounding communities.

Serving the community since 1983

718 232 1351



Since 1983, Neighborhood Counseling Center (NCC) has provided comprehensive mental health services to Brooklyn and the surrounding communities.

Your team of providers will individualize a program that addresses your needs. Your program may consist of individual therapy and/or one of our support groups. If appropriate, your partner or family members may be included in our efforts to help you achieve your treatment goals.

Through therapy, your provider will help you identify the issues that are causing you to engage in non-productive or self-defeating behaviors and help you develop the skills to cope and resolve the issues that cause conflict.

To make your experience at NCC as stressfree as possible, our staff is available on-site to handle your insurance questions and help access your benefits. NCC is also committed to working collaboratively within the network of local mental health, health care and social services to assure that you are adequately linked to the resources that you may need.

Adult Programs

NCC is available to offer short-term treatment to clients who are in crisis, as well as those with chronic, long-term issues.

Our treatment programs cover but are not limited to the following areas:

- + Anxiety and stress related problems
- + Depression
- + Adjustment disorders related to loss, divorce, medical illness and other life transitions
- + Treatment of Post Traumatic Stress Disorder for victims of sexual trauma, violence, abuse and other traumas.
- + Support services for seniors

Individual Therapy

Our individual therapy is tailored to your needs and a therapist will help you address your specific issues.

Couples Therapy

Our staff will help you understand the dynamics of your relationship, and find ways to manage the issues that are causing conflict.

Family Therapy

Our staff will work with family members to better understand family dynamics and focus on any specific issues causing conflict and/or stress.

Support Groups

Our groups for seniors, victims of trauma, and emotional eating, and the chronically mentally ill are a chance to talk with others going through similar experiences in a therapeutic, supportive environment.

Children, Adolescents and Young Adults

Children face many learning challenges that often manifest in the educational environment.

Attention deficit disorder, behavioral problems, adjustment disorders and issues related to problems at home can interfere with the learning process and cause children a great deal of stress.

Many of our staff specialize in treating children and adolescents. NCC therapists utilize play therapy and verbal techniques, and will usually involve family and educational professionals to insure a thorough understanding of the child's needs.

Our educational program offered at St. Francis College focuses on stress management and short term support groups.

Other Services

NCC also offers psychopharmacology services in conjunction with therapy.

We have a strong network of affiliations and referral arrangements to address the widest range of individual and family needs.

Referrals for Psychological testing are available.

We offer day, evening and Saturday hours, as well as a 24-hour answering service for emergency assistance.



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